

Lunch Menu
12 noon until 3.00pm

Starters

Homemade Soup Of The Day "Classic soups made with fresh ingredients" Served with a warm bread roll & butter. Please ask for today's choice.	£2.95
Cod & Pancetta Fish Cake Sat on steamed spinach & topped with a poached hens egg	5.95
Portobello Mushroom (v) Filled with gorgonzola, spinach, pine nuts & shallots	4.95
Beef & Mushroom Tart Puff pastry tart stuffed with fillet beef strips, asparagus & a creamy mushroom sauce	5.95
Honey Glazed Chicken Salad with Pine Nuts	4.95/8.95
Garlic & Ginger Creel Prawns Gently marinated in garlic & coated in natural crispy crumb served with a lemon crème fraiche	5.95

Main Course

Battered Fish of The Day Beer battered fish of the day with homemade chips & mushy peas or garden peas	8.95
Beef, Mushroom & Guinness Pie Served champ mash & seasonal vegetables	8.95
Seafood Salad Cooked smoked salmon, King Prawns, dressed crab & peppered mackerel with a salad of red onion, cucumber, tomato & red chard	10.95
The Black Rock Grill 10oz Sirloin Steak Served with either chefs seasonal vegetables & buttered new potatoes or mixed Salad & Homemade Chips seasoned with cracked black pepper & sea salt	8.95
Homemade Lasagne Served with a crisp mixed salad & chips seasoned with cracked black pepper and sea salt	6.95
Platform 1 Burger Platform 1 beef burger with apple wood smoked cheddar, tomato chilli & balsamic chutney, red onion rings & homemade chips	5.95
Thai Vegetable Curry (v) Served with a cardamom scented sticky rice	7.95
Char-Grilled Butterfly Chicken Topped with melted apple wood smoked cheddar & sweet cured bacon. Served with chunky chips mixed salad & a BBQ sauce	8.95

Sandwiches

served in either submarine roll or herb flatbread with homemade chips lightly seasoned with sea salt & cracked black pepper

Grilled Mozzarella with basil & cherry tomatoes (v)	4.50
Peppered Steak with Fried Onions	4.50
Charred Bacon & Poached Egg	4.50
Club Sandwich - Chicken, bacon, tomato & fresh salad	6.95
Homemade Pizza's of the Day - Ask server for today's options	5.00

Sides

Spiral Fries **2.25**

Onion Rings **1.50**

Garlic Bread **2.95**